

Apr 11th, 8:30 AM - 11:30 AM

# Electronic Health Records: The Average Consumer

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## Recommended Citation

Flowers, Betsy, "Electronic Health Records: The Average Consumer" (2019). *ANS Research Symposium*. 9.  
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## **Electronic Health Records: The Average Consumer**

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An electronic health record (EHR) is a computerized version of a patient's paper chart or medical record. EHR's contain patient's medical history, diagnoses, medications, treatment plans, immunization dates, allergies, radiology images, and laboratory and test results. To those who know what an EHR is they typically think of them as being used in hospitals or patient portals at the doctor's office. Those who don't know what they are, are usually skeptical about their use and only consider them to be used at hospitals. Electronic health records are so much more than just digitalized versions of patient's health information and are for more than just use by doctors.